In this learning community, students will explore the socio-economic experiences of the American family in the mid-twentieth century. Using a combination of economics, history and popular culture, students will role-play as families from varying social, economic, and racial or ethnic perspectives. Throughout the semester, the students will present the changing landscape of the American family, in its varied demographics, as it was affected by economic changes, technological innovation, and evolving social mores, as well as by national and international events. As we traverse the decades from the 1930's through the 1960's, covering the Great Depression, WWII, the post-war boom, and the Civil and Women's Rights movements, students will see how these various changes affected our various family groups. We will employ popular culture artifacts like music, movies and television contemporary to, or illustrative of, the times. This LC will include guest speakers and presentations from members of the local academic and music community. This course is the equivalent to ECO 217, Economic History of the 20th Century American Family.

NOTE: CSC 201 has a prerequisite of CSC 104 and MTH 126. CSC 211 has a prerequisite of CSC 104.

NOTE: BIO 211 fulfills the Writing in the Disciplines requirement.

NOTE: MTH 261 has a prerequisite of MTH 126. PHY 221 has a prerequisite of MTH 126 and PHY 122. LC 235 allows students to fulfill the Writing in the Disciplines requirement along with the LC requirement of the Cornerstone Program.

This Learning Community has two parts:
A theoretical component where we study Indian philosophy and its Western adoption. We will study classical Indian philosophy (including but not limited to the Bhagavad Gita and Buddhist scriptures), investigate our Western fascination with ‘the mystical East’, including the hatha yoga tradition, and examine some of the current research on the benefits of contemplation and on the mindfulness movement.

A practicum, where we practice hatha yoga (first hour) and discuss the experience of doing yoga on and off our yoga mats, exploring how you might use mindfulness and yoga as tools to slow down and to center, becoming more aware of your strengths and weaknesses, and better balancing your priorities (second hour).
NOTE: This LC is restricted to Honors students.

NOTE: Students will need a yoga mat, 2 yoga blocks, and a strap or belt.

NOTE: LC 342 allows students to fulfill the Moral Inquiry requirement along with the LC requirement of the Cornerstone Program. It also counts as an elective for Philosophy, Religious Studies, and Asian Studies.